Hub Registration & FAQ
hub.tourdecure.com.au

TOUR DE CURE

To register for TDCs Hub – Go to; https://hub.Tourdecure.com.au/auth/register

Enter your email address and password you would like to use.

Select your participation status (this can be more than one type).

If you select "Rider" you will be asked to complete your rider level.

Using the left/right arrows Select Current Rider Level
Rider level is between 1 and 6 and skills associated with the level are detailed underneath the level.

Select Yes/No if you've ridden in a TdC peloton before.

You will then receive an email verification to your chosen email address.
Please login to your email and click on the verification link.

Once verified, return to the login page via the following link; Tour De Cure Hub and login with your new credentials.
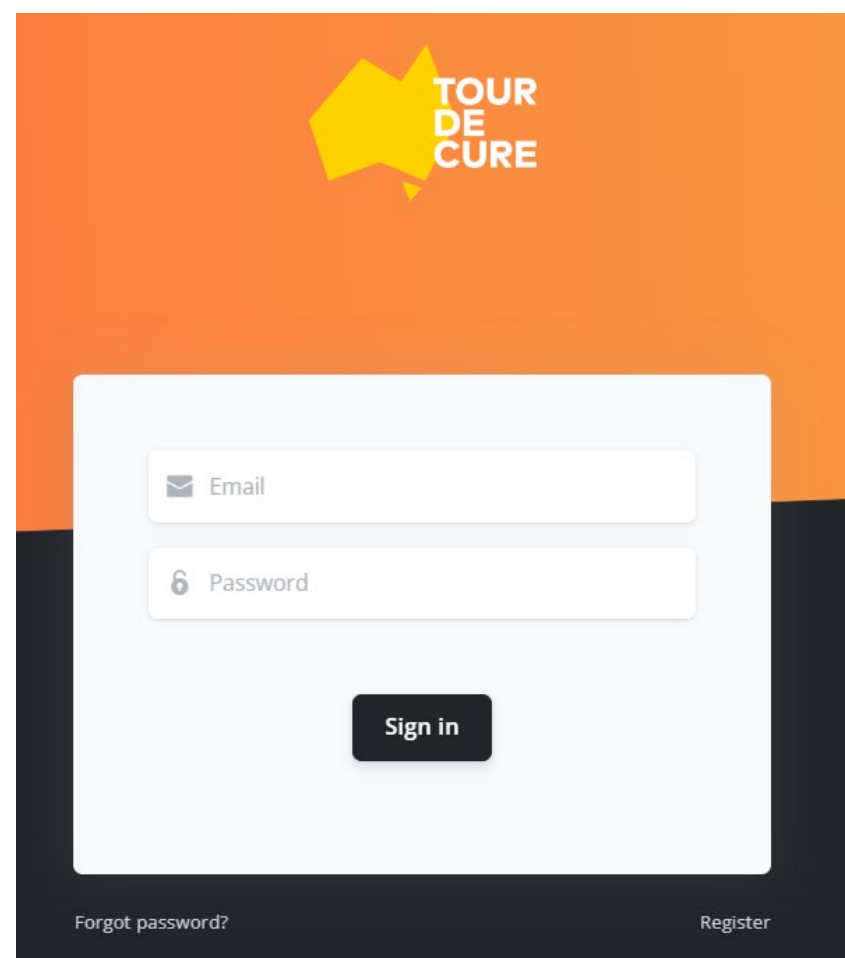
Hub utilises Strava data to track performance and identify tour readiness.

To connect your Strava account, click "Connect to Strava"
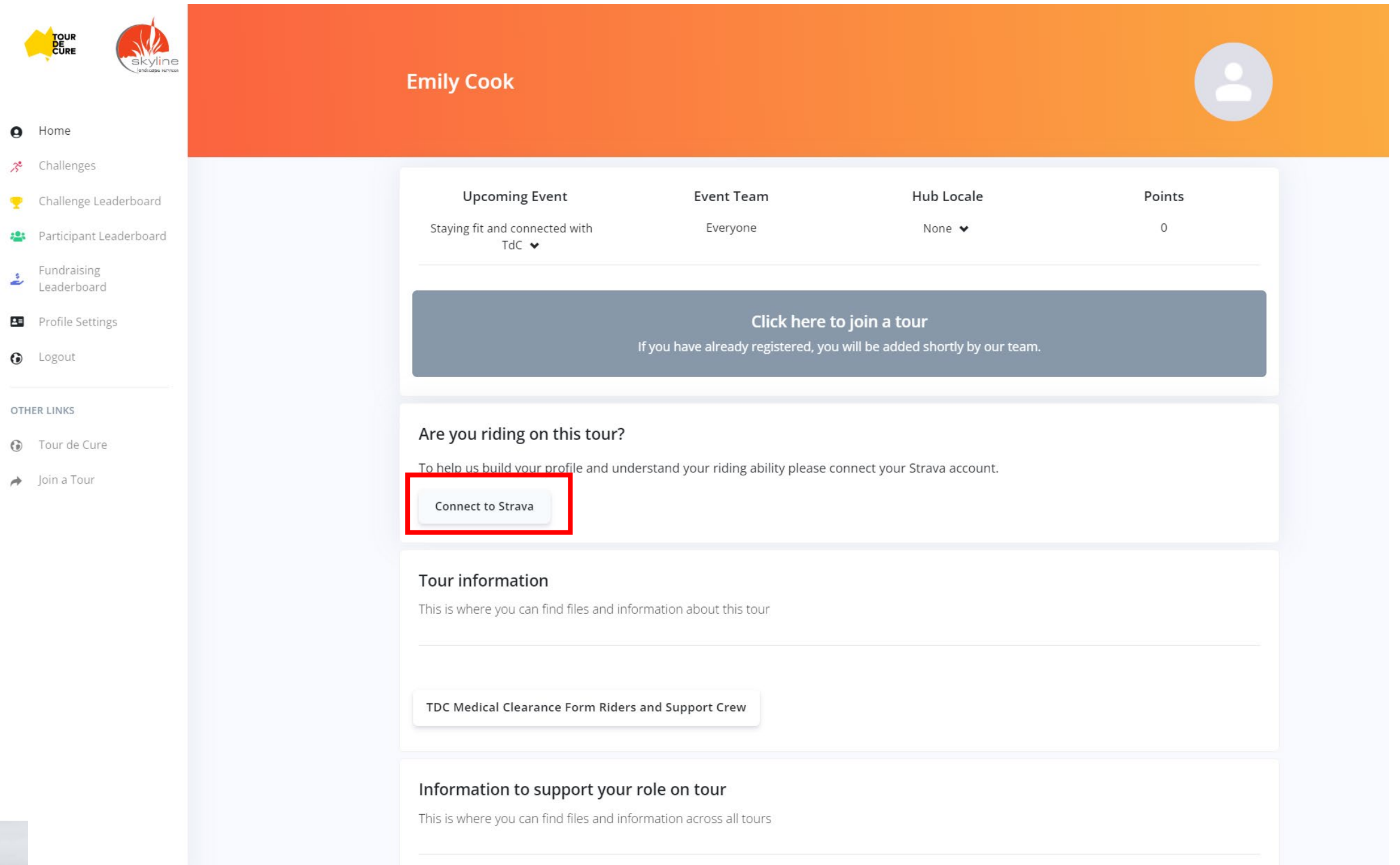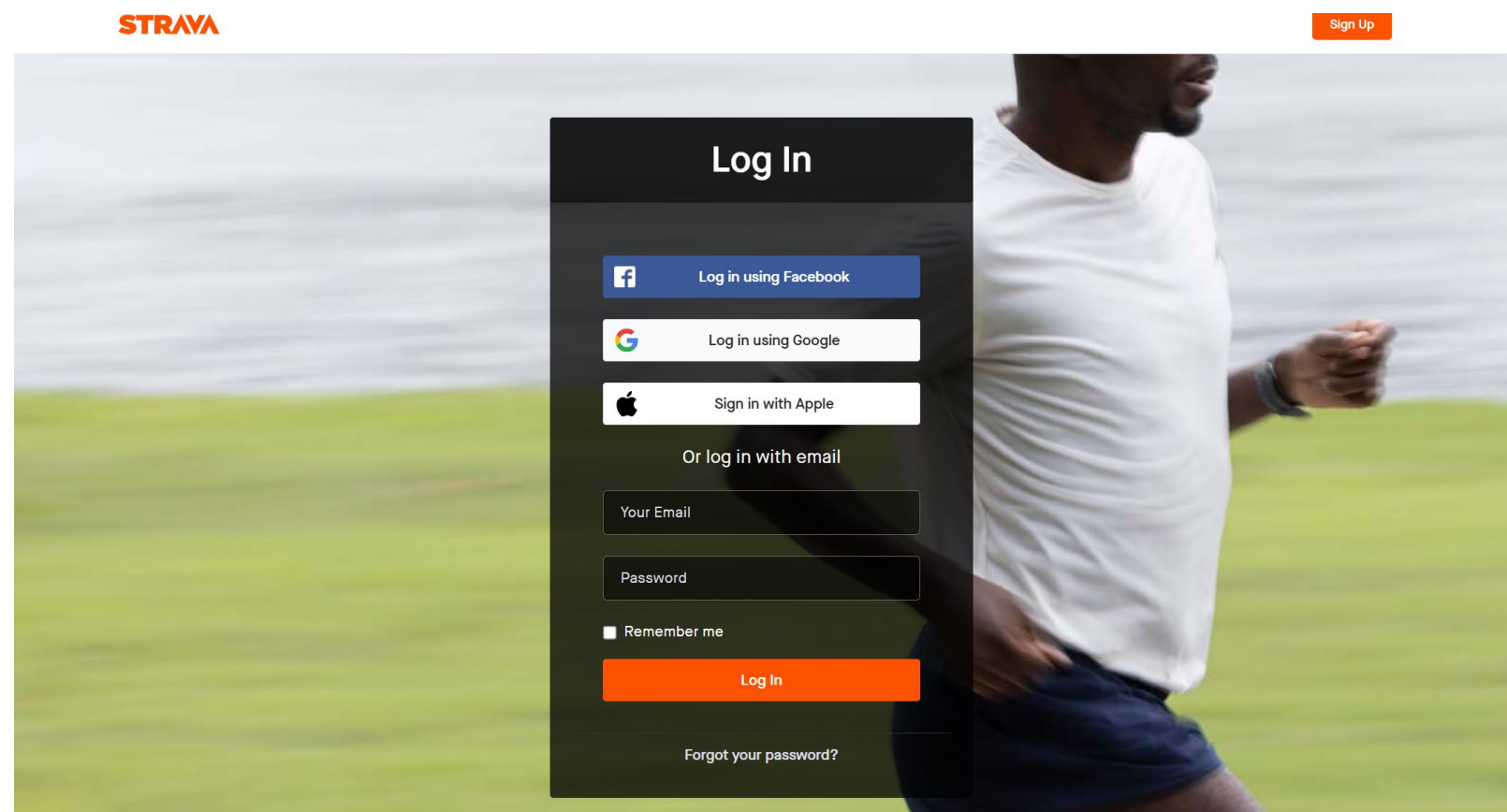
Enter your existing Strava Details and click "Log In".

If you've forgotten your Strava password, click "Forgot your Password?" under the Log In button.

Strava will request you to Authorise TdC to connect to your Strava account.

Please leave both tick boxes ticked, otherwise
you will need to re-link your account.

Click "Authorize"

You're In!
Once complete, you should now see your Strava name and picture in the Hub.

Following registration your event will be updated and rides completed within Strava will be reflected in your Fitness Level.
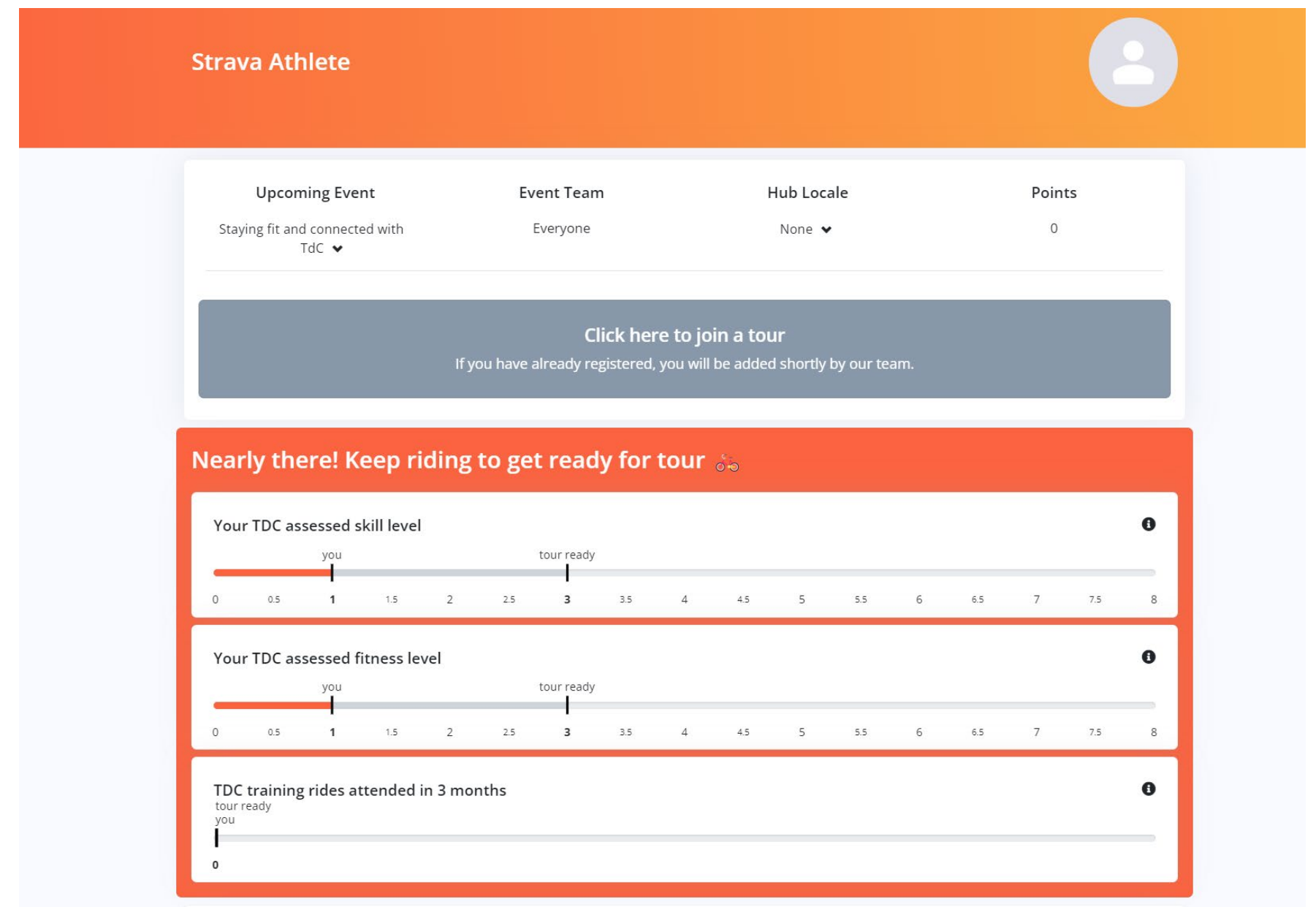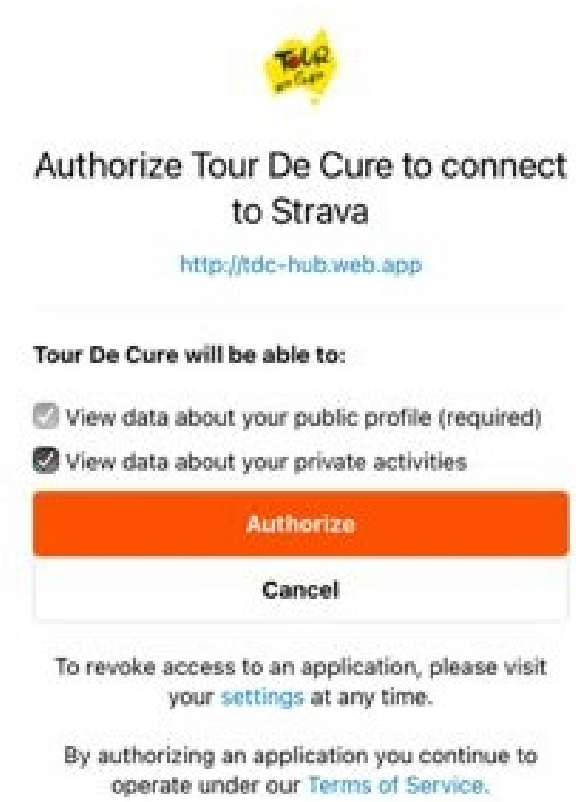
Add to your Home screen

From the Safari browser, To add the icon to the 'Home Screen', pick "Share" button and select:

"Add to Home Screen"

Event

When you initially sign up to the app your default 'Event' will show "Staying fit and connected with TDC". If you are registered for a Tour, this will be updated in due course. If you enrolled for 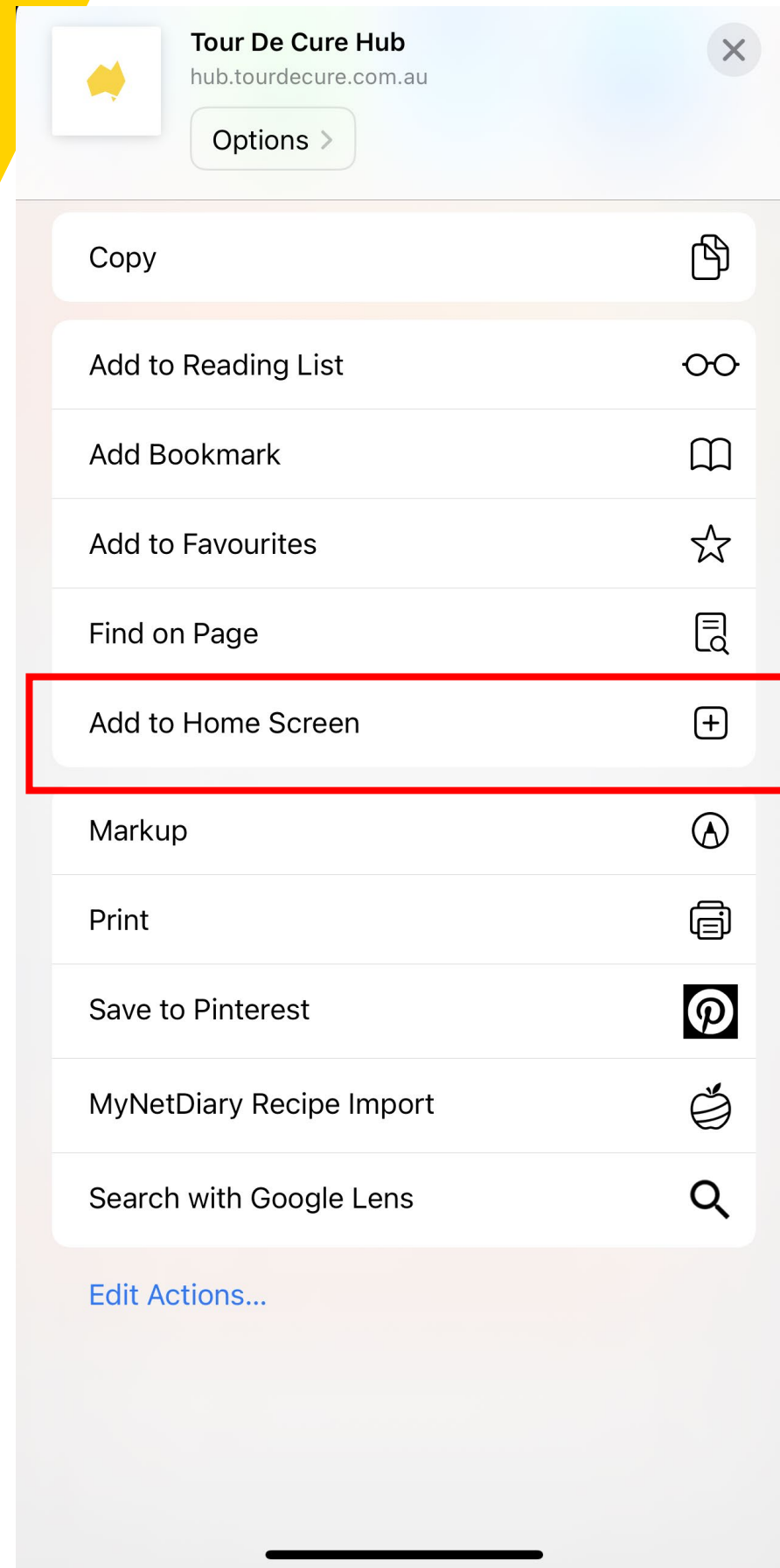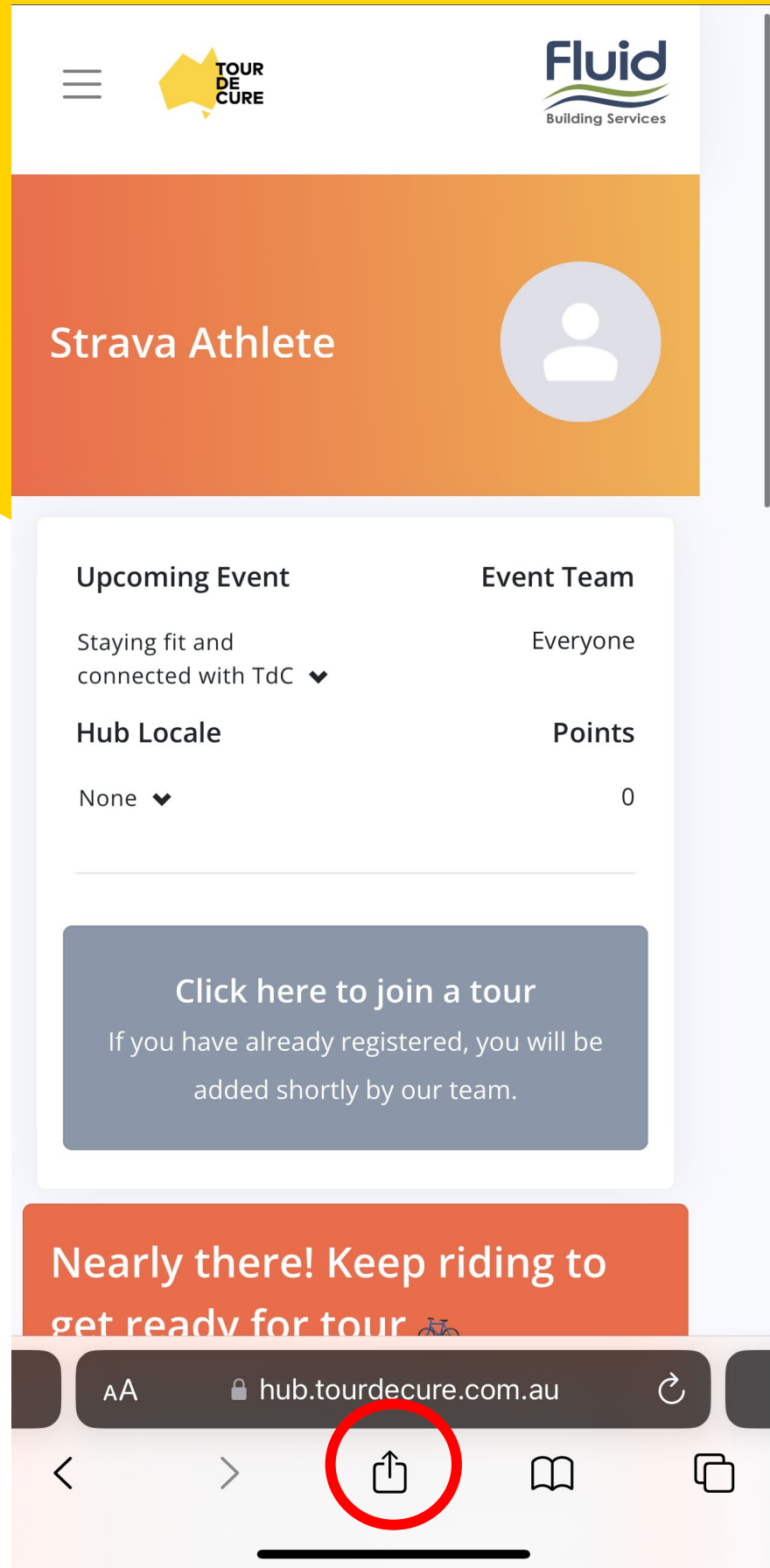multiple tours, the most recent occurring event will appear, however you can scroll through other events using the down arrow.
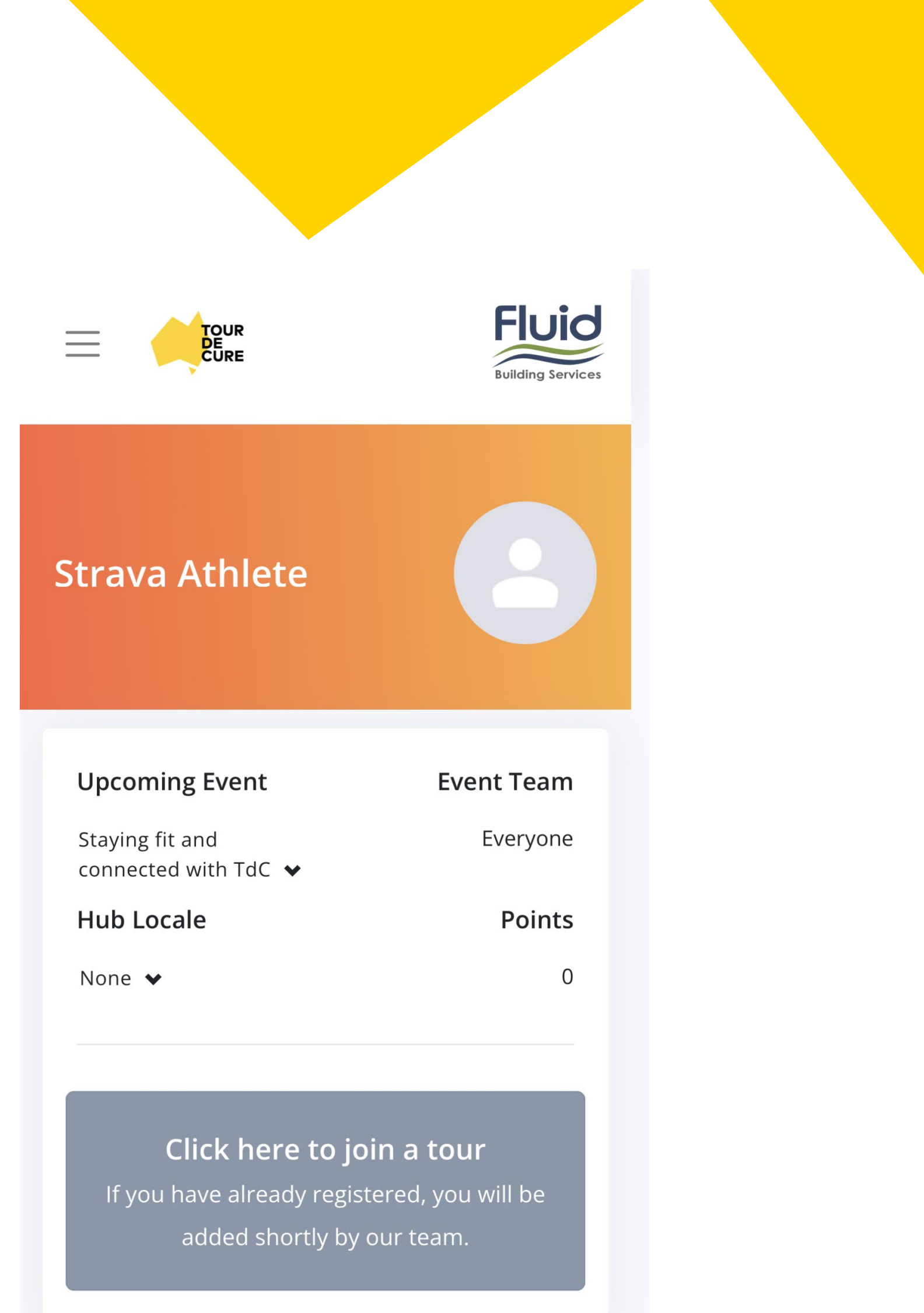
Event Team

Some Tours allocate participants into Teams. If this applies to your Tour, you will see your Team name here.

Training Hub

Your preferred training location that you nominated on your rider survey on registration.

Points

From time to time we will run fun and motivating challenges!

Accessing the Hub now you are registered

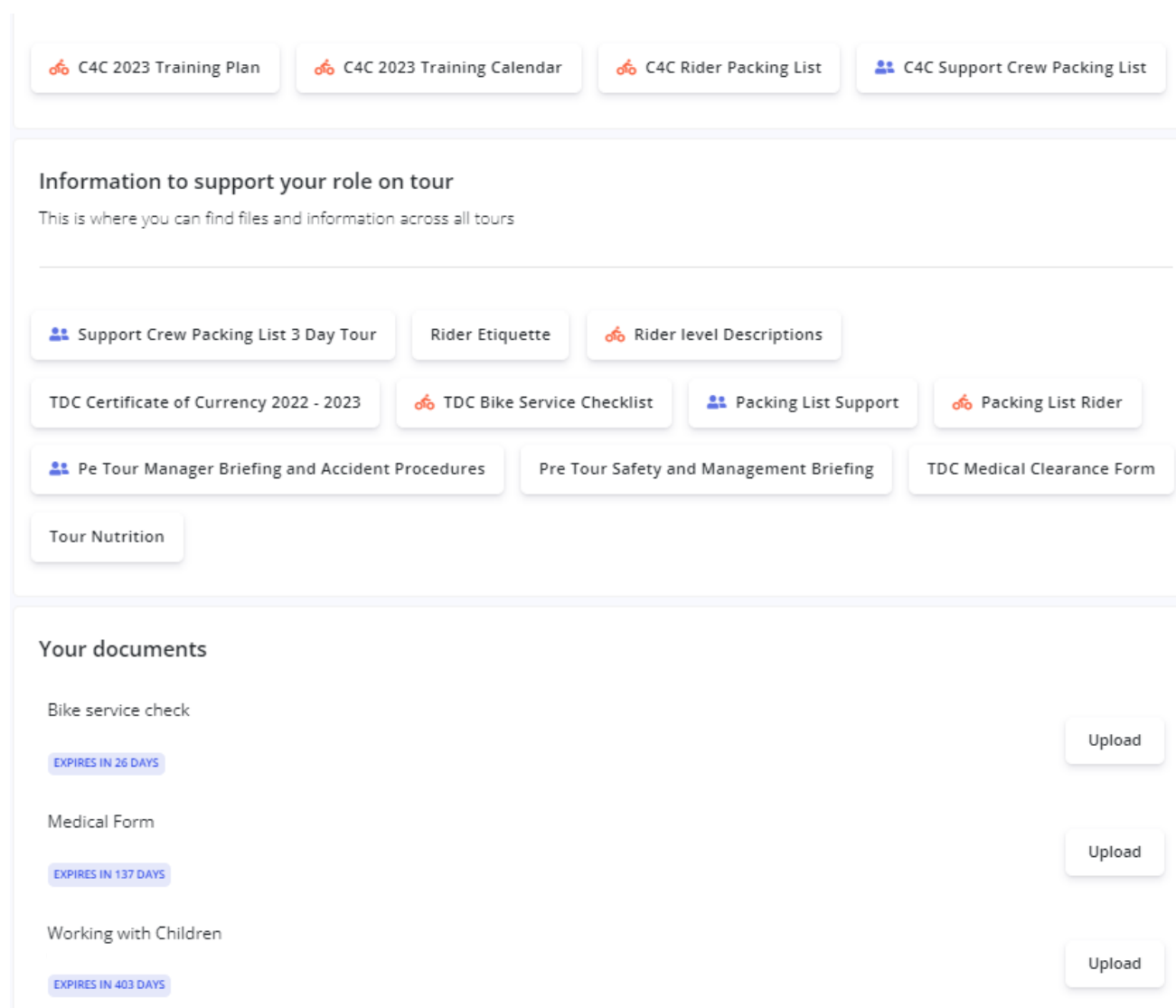To Log In to TdC'sHub going forward, go to
https://hub.Tourdecure.com.au/
Use your credentials from registration
If you've forgotten your password,
click"Forgot password?"

You can update your personal data from the Profile Settings menu on the left
- Personal info
- State
- First aid trained
- Next of Kin
- Self assessed level
- Email address
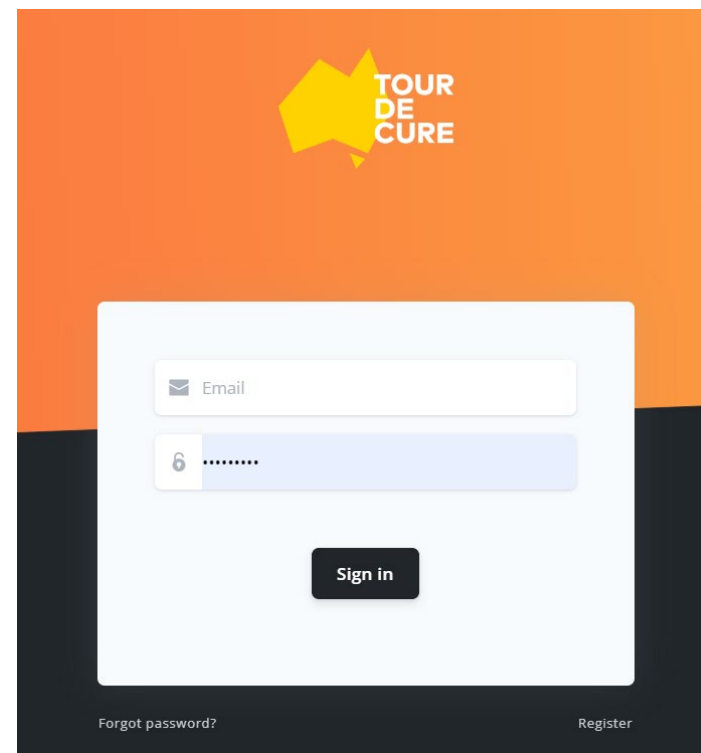
How will I know I am Tour Ready?

- When you have reached the minimum skill level for your tour you will see the green line and Tour Ready!
- When you have attended your minimum"5 TDC rides you will see you are Tour ready!
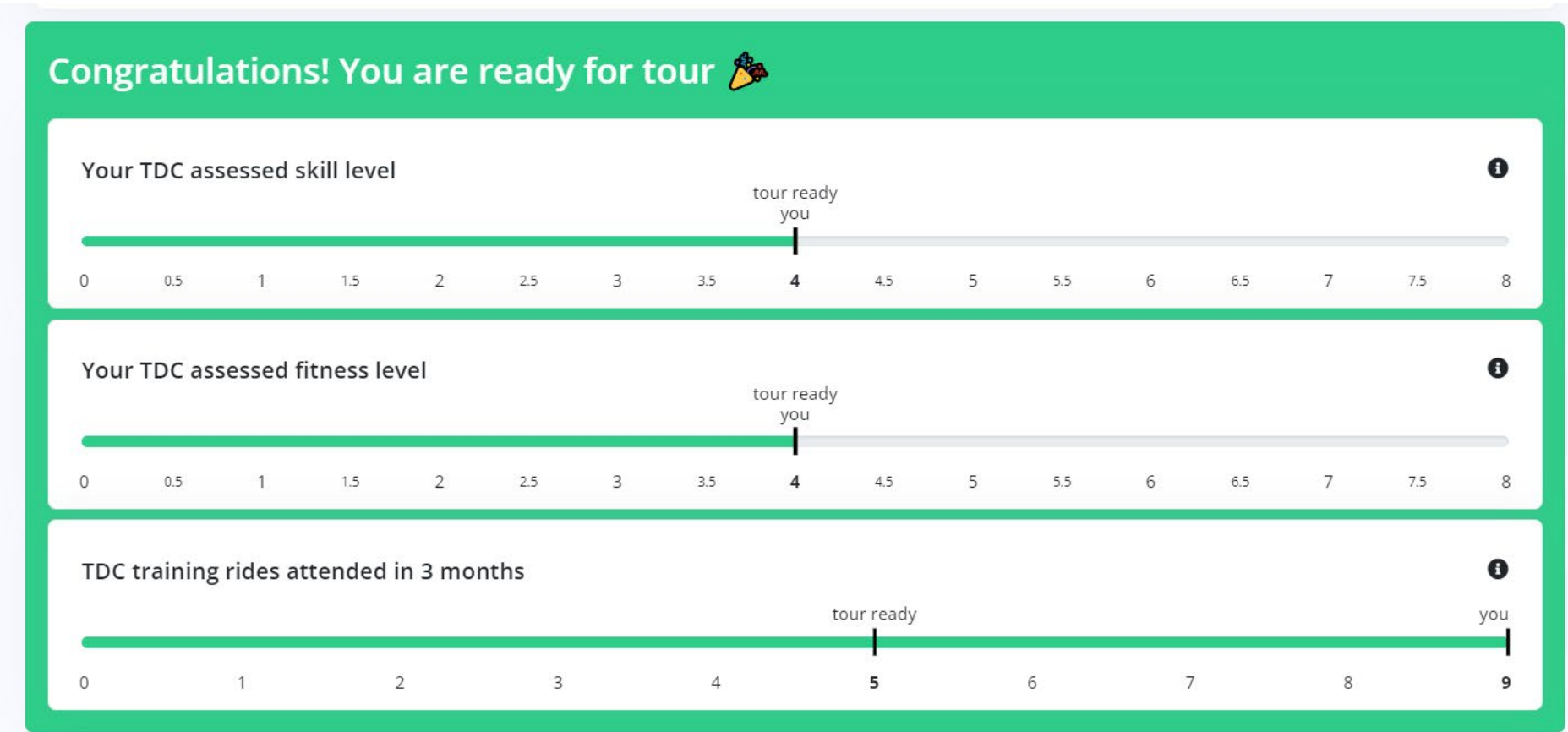
Upload documents to hub

- Once you have registered on Hub and registered for an event, TDC HQ will allocate you in Hub which will enable you to view and download information relevant to your role on tour of rider or support crew.
- You will need to upload your mandatory documents to the hub.
- Once uploaded, you can view the expiry dates of your documents.

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Frequently Asked Questions

Why is my fitness and skill level so low?
Data will sync over time with Strava and the fitness and skills level will reflect this. Your TDC Peloton Manager may update the levels when you attend TDC supported rides.

Do my Skill and Fitness levels decrease if I don't do anything?
Data refreshes monthly on a rolling basis, so yes, it will change if data is old.

Do I have to register and enter my Strava details again?
Yes, the first logon is the Hub username and password, whilst the second is the connection and authorisation for TDC Hub to sink to your Strava profile and data.

Who updates the skills and fitness level?
Peloton Managers may update your level after you have attended a TDC supported ride.

Is the skills measure a combination of bike and fitness?
Yes, it is.

What are challenges and when will challenges be created?
Challenges will be created in the future to add a bit of fun and motivation.

Why can't the apps calculate Vo2Max?
VO2Max is complex and can be manually loaded if you use a sports watch such as Garmin or Suunto etc. You can also calculate as per below fitness matrix based on available data and research.https://www.firstbeat.com/en/blog/whats-a-good-vo2max-for-me-fitness-age-men-and-women/ or Global Cycling Network VO2 Max explained

What type of activities are recorded and tracked for measurement?
Run/Walk, cycle and swim. Private, Public and manual activities are also noted and captured.

Can I see my training program?
Yes, Training Programs will be made available to view on the Hub from the Home tab

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Frequently Asked Questions

Do all rides with TDC count towards group rides?
Currently, TDC supported rides of 40+km, that have been posted as events on Strava may count towards your group rides.

My rides aren't showing on hub?
- You need to be on a TDC ride over 40km and ride with 5 other riders for the ride to qualify and appear on the hub.
- If still not showing, you may need to connect your Strava to hub, you should see a pop up question when you log onto hub.
- If you are connected to Strava and your rides are still not appearing, please share with your ride leader on your next TDC ride or email screenshots of your Strava ride to fundraising@tourdecure.com.au with the name of your ride leader.

Why do I need to attend 5 TDC Rides?
Registering for a Tour de Cure tour has many parts:
• Fundraising - Raising funds for vital cancer projects
• 'Why' - Discovering the reason 'why' raising money for cancer research, support and prevention is important to you
• Training - Skill and Fitness training in a regular, supportive and safe environment
• TDC Etiquette - Learning how we ride together in a peloton and the calls we make to ensure safety is a priority on training rides and on tour
• Camaraderie - Meeting like-minded people who want to train together and fundraise for the same cause
• Tour - Enjoy riding or supporting the tour celebrating the hard work you have put in to fulfil your training goals and fundraising commitment

Joining a minimum of 5 weekend rides over 40km enables you to meet your team mates, pick up fundraising ideas and ride safely using the TDC etiquette and language essential for peloton riding. If you are a seasoned rider you may wish to help our training team by offering your cycling experience to nurture our new riders or help in the engine room. You may surprise yourself by the amount of pleasure you get from helping others and embracing the Tour de Cure values!

Got another question? Email fundraising@tourdecure.com.au

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